

**How much water does a cow
drink per day?**

**A bathtub full
(25 to 50 gallons of
water)**



What kind of weather do cows like?

Cows are most comfortable in cooler weather which allows them to produce more milk. Farmers provide fans and water mists, as well as shade, during summer months.



How are cows cared for?

Cows' hooves are trimmed to ensure that their feet don't hurt. Their udders are also clean, dried, and massaged prior to milking. Antiseptics are used to keep their udders healthy.

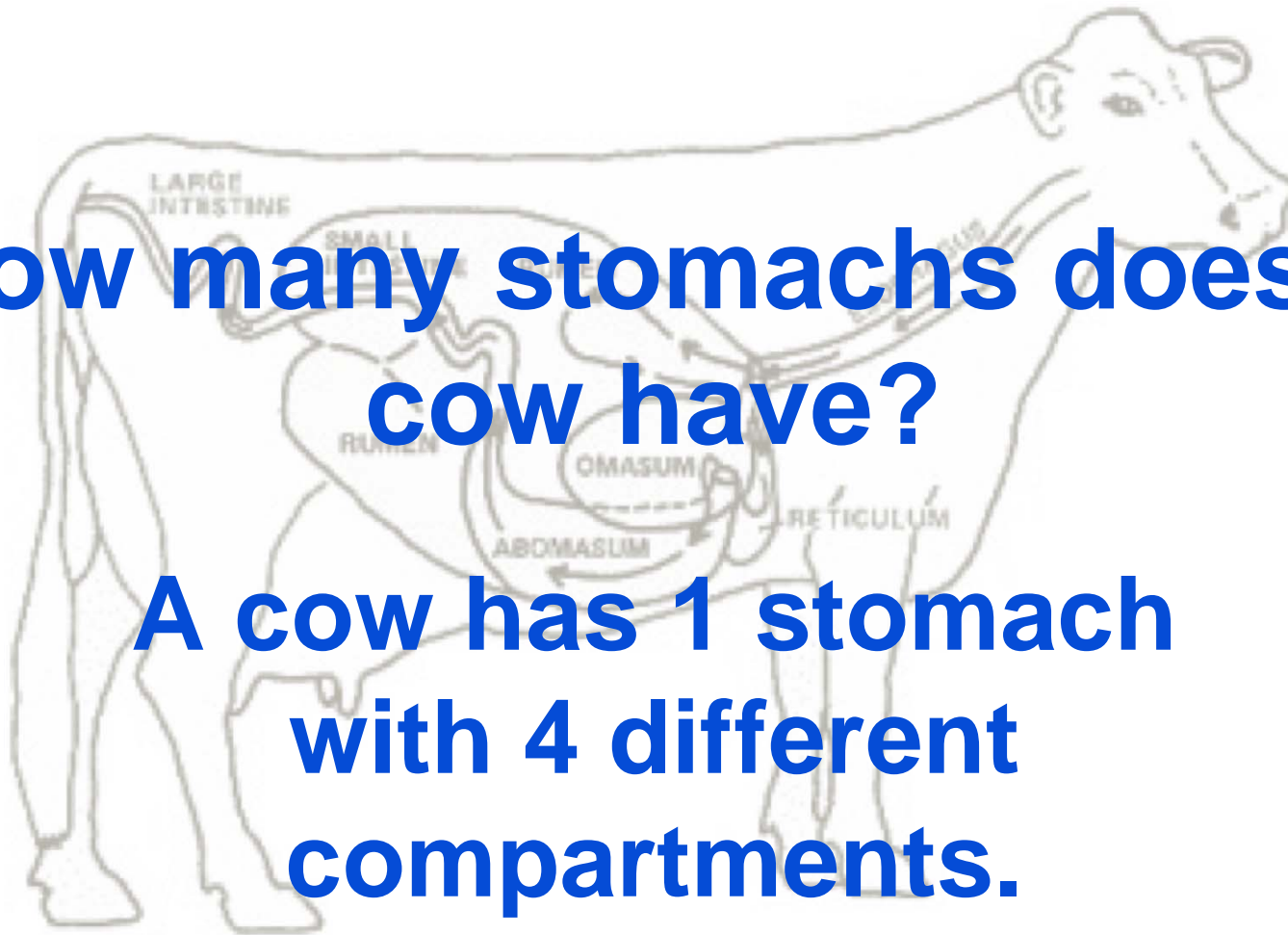


How often do cows chew?

Cows chew 50 times per minute, and spend 10 hours a day chewing their cud in order to aid in digestion.

How many stomachs does a cow have?

A cow has 1 stomach with 4 different compartments.



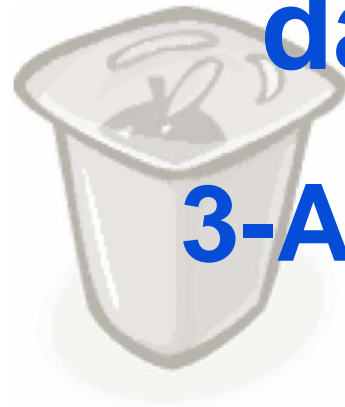


What are the 9 essential nutrients found in dairy?

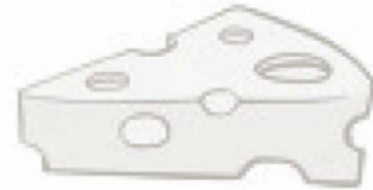
**Calcium, Potassium,
Phosphorus, Protein,
Vitamins A & D, B₁₂,
Riboflavin, and Niacin**



**How many servings of dairy
should a person consume each
day?**

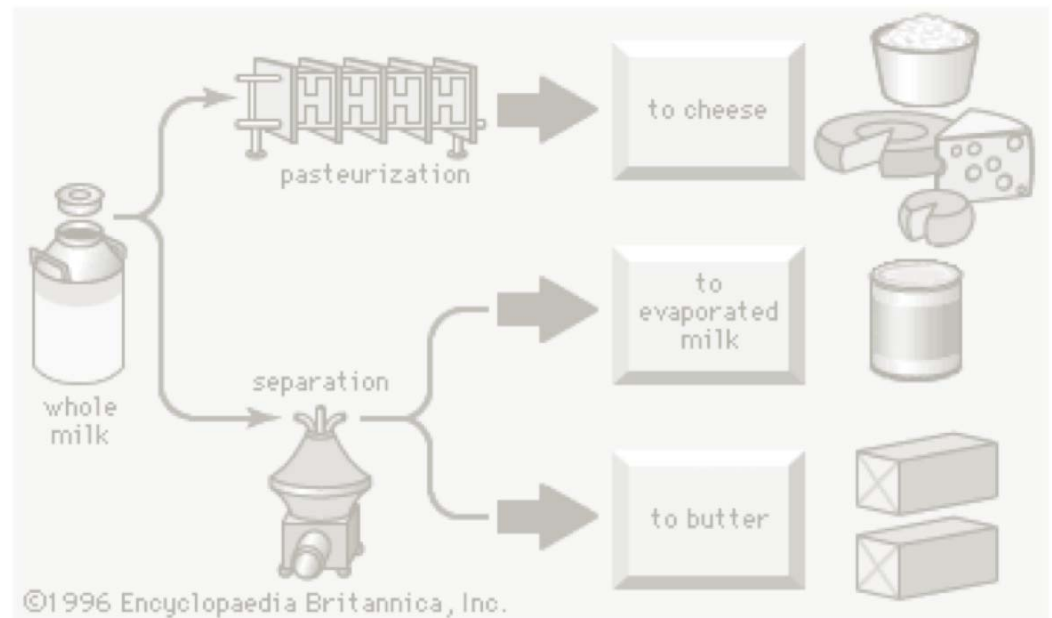


3-A-Day



How do they keep the milk safe?

Through pasteurization; if the cow is ill, the milk is then discarded and does not reach the food supply.





How keen is a cow's sense of smell?

Cows have an acute sense of smell, and can smell something up to 6 miles away.

**How much milk does it take to
make 1 pound of cheese?**

**It takes 10 pounds of milk
to make 1 pound of
cheese.**